

## Squiggle Early Writing Programme



### Key features

- A progressive physical development programme that provides children with the skills they need for early writing.
- The programme uses neurological and physiological movements to create marks and strengthen the child's muscles and brain connections.

### Wiggle Me into Squiggle programme

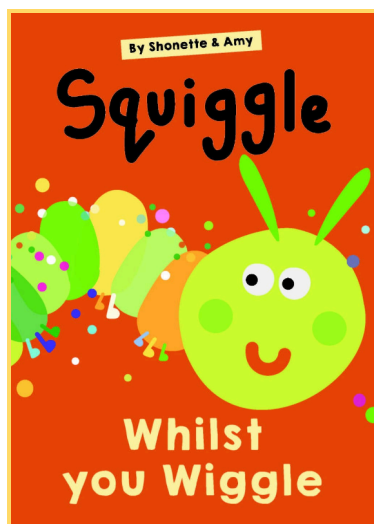


- To be delivered in 2 year old provision and/or nursery (dependent on intake and needs of the children)
- Pre-writing programme that takes the stages of child development and wraps it into specific sessions of movement that will assist any child's development. If a child has missed a crucial movement stage in their development so far, then moving daily through Wiggle Me into Squiggle will help to bridge the gap and strengthen those muscles we need to control for writing to occur.
- Daily sessions comprising of a 10 minute input session followed by an enhancement in the provision.
- Each move to last approximately 1 week, though through AFL if the children find a move difficult then advice would be to extend the move for a second week if necessary or add in additional movement time.
- Sing the 'wiggle song' to start each session, then give out a pair of flipper flappers to each child. Take part in the movement dance for that particular move.
- Follow-up with tuff tray enhancement/messy play (see book for guidance). Take children to a tuff tray and repeat movements with hands and arms.

## Wiggle progression:

Week	Movement	Song
1	Movement 1: Up	The Only Way is Up by Jazz
2	Movement 2: Down	The Grand Old Duke of York
3	Movement 3: Circles	You Spin Me Round by Dead or Alive
4	Movement 4: Wiggle it!	Wriggle by Cosmo Sheldrake
5	Movement 5: Shake	Shake, Shark, Shake Senora by Harry Belafonte
6	Movement 6: Hop Hoppity Hop	Hop Little Bunnies
7	Movement 7: Jump, Jump, Jump!	Jump (for my love) by The Pointer Sisters
8	Movement 8: Turning Turtle	Firework by Katie Perry
9	Movement 9: Flip and roll	N/A
10	Movement 10: Crawl	N/A

## Squiggle Whilst you Wiggle programme

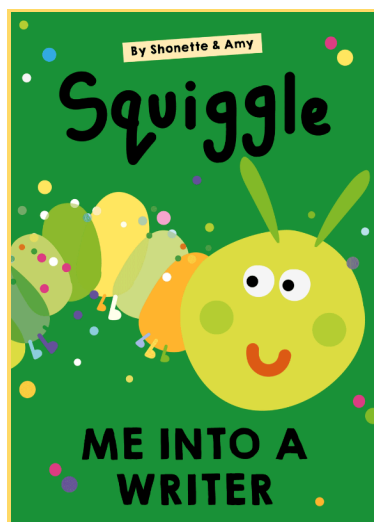


- Follow-on programme to Wiggle Me into Squiggle.
- Comprises 9 squiggle moves.
- Squiggle works both gross and fine motor muscles, strengthens and trains muscles whilst mark making for the purpose of forming letters which lead to formal handwriting (Squiggle Me into a Writer).
- Squiggle time - comprising of a 10-15 minute input session followed by an enhancement in the provision.
- Requires music and flipper flappers to help the child create bilateral movements.
- In nursery - minimum 3-4 x sessions (if unable to do daily).
- Can be combined with Daily Dough Disco.
- e.g. could do a daily PD session (3 x squiggle and 2 x dough disco?)
- Each move (dance and drawing) to last approximately 3 weeks. repetition of both means gross motor movement and fine muscle drawing are embedded.
- Note: if children are struggling, give further support and monitor their progress. DO NOT continue that move for more than 3 weeks. Move on and revisit again at a later date if necessary.

## Squiggle progression:

Weeks	Move/dance
1-3	Move 1: Up and down, side to side, cross over
4-6	Move 2: The wiggle
7-9	Move 3: The circle
10-12	Move 4: The hump and Move 4 (part 2): The under hump
13-15	Move 5: The hook
16-18	Move 6: The spiral
19-21	Move 7: The wave
22-24	Move 8: Laid down 8 (then stand me up straight!)
25-27	Move 9: The straight line

## Squiggle Me into a Writer progression:



- Next developmental stage for children to learn to not only form letters but form them correctly.
- combines the gross motor movement to create a process to write the letter. Children still need to continue to develop gross and fine muscle strength. they won't yet be fluent in movement, body strength, co-ordination, balance and agility, all factors which affect writing.
- Best introduced after the completion of Wiggle and Squiggle 2.0.
- Best included as a warm up before phonics or as a separate session at another convenient time in the day.
- Comprises individual letters with individual dances. Written in RWI order.
- Squiggle me into a writer time - requires around 5-10 minutes daily to music.
- Requires music and flipper flappers to help the child create bilateral movements.
- Each session:
  - WARM UP - squiggle dance with flipper flappers
  - magic finger air writing
  - carpet (sensory) writing
  - whiteboard letter formation

## Squiggle Me into a Writer progression:

Weeks	Group of letters to be taught (see lesson planning)
1	m a s d
2	t i n p g
3	c o k u
4	b f e l
5	h r j
6	v y w z x
7	q u
8	sh ch th wh

### Example progression across a year in Nursery

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Squiggle Early Writing Programme	Wiggle me into a squiggle 1 move per week (weeks 1-6)	Wiggle me into a squiggle 1 move per week (weeks 7-10)  Squiggle while you wiggle 2.0 - Move 1 (3 weeks)	Squiggle while you wiggle 2.0 (3 weeks)  Squiggle while you wiggle 2.0 - Move 3 (3 weeks)	Squiggle while you wiggle 2.0 - Move 4 (3 weeks)  Squiggle while you wiggle 2.0 - Move 5 (3 weeks)	Squiggle while you wiggle 2.0 - Move 6 (3 weeks)  Squiggle while you wiggle 2.0 - Move 7 (3 weeks)	Squiggle while you wiggle 2.0 - Move 8 (3 weeks)  Squiggle while you wiggle 2.0 - Move 9 (3 weeks)

### Example progression across a year in Reception

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Squiggle Early Writing Programme	Squiggle while you wiggle 2.0 - Recap one move per week (weeks 1-5)	Squiggle while you wiggle 2.0 - Recap one move per week (weeks 6-9)  Squiggle me into a writer	Squiggle me into a writer	Squiggle me into a writer	Squiggle me into a writer	Squiggle me into a writer